

BUILDING FOR THE FUTURE

2022 Impact Report



The YMCAs of Québec
YMCAs of Québec
Foundation

To inspire and encourage all people to fulfill their potential, thrive and contribute to their community.

inclusion
respect
solidarity
boldness
caring
performance



Nancy Audette
Chair of the Board
of Directors
YMCAs of Québec



Stéphane Vaillancourt
President and CEO
YMCAs of Québec



Claudie Imbleau-Chagnon
President
YMCAs of Québec
Foundation

Message from the Presidents

This past year has been tumultuous. An ongoing pandemic. Isolation. Inflation. Mental health. Humanitarian crises and conflicts. Academic struggles and increased school dropout rates. It seemed that as soon as we managed to wrap our heads around one challenge, another bigger one was right around the corner. And amid all this uncertainty, the only certainty was change.

If the pandemic profoundly altered our world, changed our daily fitness routines, and exacerbated societal issues, it also showed us that change was not only inevitable but necessary. At the Y, we understood that to increase our social impact we needed to transform our business model and service offering to ensure our operational sustainability. In 2019, we began implementing our strategic plan, with an expected return to profitability by 2025. Now at the midway point in the process, we see how many of these changes are taking root and allowing us to better meet the growing needs of our communities.

In 2022, we added a new investment fund to our long-term financial strategy. We invested in philanthropy and are extremely grateful to our donors who placed their trust and confidence in us. We reassessed our daycare model and made the difficult decision to close two sites. But we also built partnerships to take our programs and services outside our walls. Our integrated programming at the Olive-Urquhart Sports Centre, Pointe-Claire's newly opened complex on the site of the former West Island YMCA, is one example.

In 2022, we also amped up our efforts to support youth. We saw record numbers of teens in our TeenZones. We expanded our Alternative Suspension program thanks to the social impact bonds and reopened Camp YMCA Kanawana after two years of closures. But as we move forward, we need to make sure no one gets left behind. Our Social Inclusion and Reintegration sector continues to focus on supporting some of the most vulnerable and marginalized populations. And the fully reopened YMCA Residence provides housing and integration services to asylum seekers.

Last, but certainly not least, we focused on taking better care of our teams this year. Through an enhanced Employee Assistance Program that now also offers telemedicine, mental health workshops, and a new mentoring program, we want to ensure all employees have the support and opportunities to grow both personally and professionally. Because without them, none of the work we do would be possible.

But there is still a lot of work to be done. **Change is a process. One we would never have been able to start without the support and generosity of our incredible donors, staff, members, volunteers, and partners.** We hope that as you read through the pages of our impact report, you will be inspired and continue to support us in driving positive change in the community. Because together, we can build a stronger tomorrow.

2020–2025

Strategic Plan

In 2019, already aware that the organization needed to transform to better align with a constantly changing society, we set our transformation process in motion based on clear objectives and a well-defined strategic plan.

Now at the midway point in the process, some of these changes are starting to take root. Here is an overview of how we are changing to refocus our social impact and ensure our sustainability for years to come.

The Y's game plan: to make sure our values—boldness, caring, inclusion, performance, respect, and solidarity—influence all our actions.

It is by acting according to these ideals that the Y achieves its mission: to encourage and inspire all people to fulfill their potential, thrive, and contribute to their community.

Incidentally, this mission translates into the Y's clear vision for 2025: to reinvent itself so that it can transform lives all over Québec, even becoming a leader in the matter.

Driven by this vision, the Y aims to achieve four goals or "target states":

- An impact model that is understood and adopted by all and that guides our decisions
- A transformed, high-performance, agile organization
- An improved business model (better integrated and longer lasting) for continued financial health
- A recognized, universally understood, and sought-after social impact



The Y's Social Impact

One of the driving forces behind our transformation is our desire to refocus and increase our social impact. The pandemic changed and exacerbated community needs. With a clearly defined impact model guiding our actions and decisions and a transformed, integrated, and sustainable business model, we will be able to meet those needs more effectively.

CORE

Empowering people

Our field of action is articulated around a clear goal: to help each person maximize their ability to take positive action for their future and their community.

LEVEL 1

Providing the right tools

To build the autonomy needed for individuals to become the best version of themselves requires developing four tools:

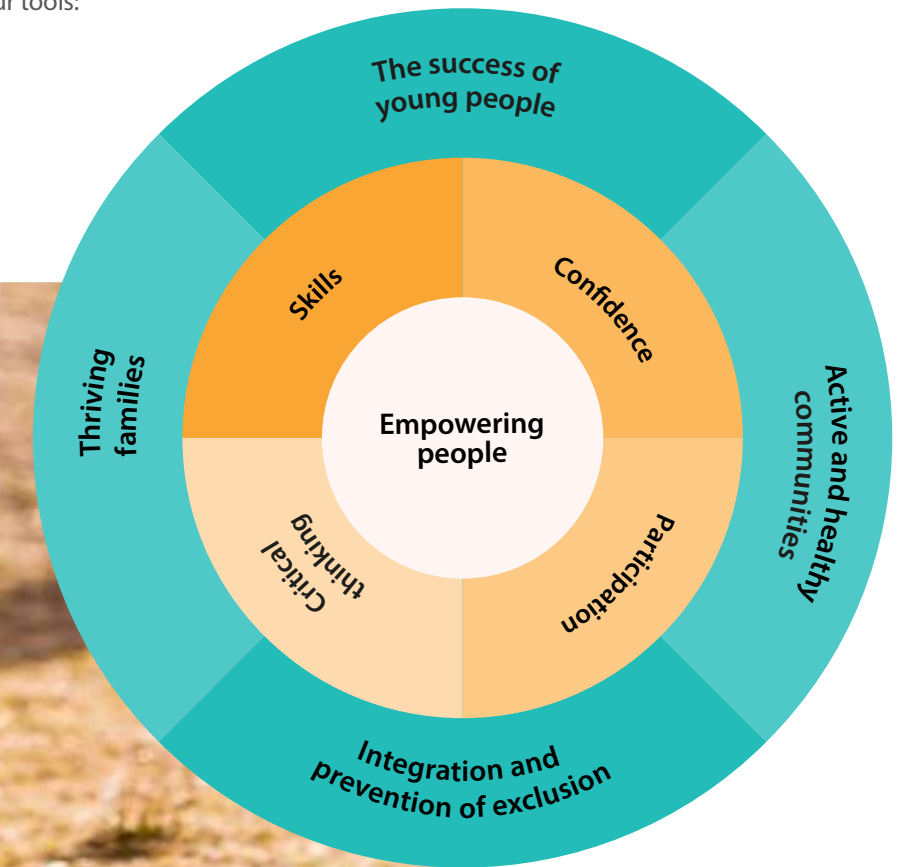
- Skills
- Confidence
- Participation
- Critical thinking

LEVEL 2

Zeroing in on our playing field

To help members of our community build autonomy, we are focusing on four types of assistance:

- The success of young people
- Active and healthy communities
- Integration and prevention of exclusion
- Thriving families



The YMCA Residence: **A Warm Welcome**

Since 1984, the YMCA Residence has been offering housing services to asylum seekers. After being closed for almost two years because of the pandemic, **the YMCA Residence reopened at the end of 2021.**

As the numbers of asylum seekers continues to rise in Québec, the Residence, in partnership with the Programme régional d'accueil et d'intégration des demandeurs d'asile (PRAIDA), plays a key role in welcoming newcomers.

In addition to providing short-term housing and meals, residents can also take advantage of the winter clothing bank, a drop-in daycare service, and access to the YMCA's sports and fitness activities, youth programs, and more. But most of all, the **dedicated, caring staff ensures everyone gets a warm welcome as they have been doing for close to 40 years.**

In 2022, the YMCA Residence:

- **Housed over 1,000 people** on average per day
- Welcomed **over 15,000 asylum seekers**
- Welcomed **18 kids per day** on average in its drop-in daycare centre
- Distributed over **600 items of winter clothing**, including coats and boots

“My first night at the YMCA Residence was the first night in a long time where I didn't feel stressed.”

*Manuel, Lead System Administrator,
IT Department*



Manuel's Story

Imagine trying to fit your entire life into two suitcases. That is exactly what Manuel and his wife did when they fled El Salvador in 2016 due to escalating violence and corruption. Like the tens of thousands fleeing El Salvador every year, the couple hoped to make a fresh start in a safer country.

Upon their arrival in Montréal, they were housed at the YMCA Residence for several weeks. In addition to housing and meals, Manuel and his wife received help filling in all the paperwork for their asylum claim and guidance on services that would help them settle into their new life. “When I left the YMCA Residence, I was very well prepared thanks to all the help I received,” explains Manuel. Just two months later, he was enrolled in French classes, securing a job shortly thereafter.

In 2020, Manuel's journey came full circle in a sense as he returned to the YMCA. Not as a stressed-out newcomer this time but rather as the IT Department's new lead system administrator. For him working at the Y is a way to “give back to society everything that was done for me.”



DISCOVER HIS STORY:
ymcaquebec.org

A Journey Shaped by **Societal Needs**

Beyond physical activity and sports, community and education have always been central to our mission. For over 170 years, we have shown, time and again, our ability to transform and evolve based on the changing needs of our communities and the most pressing issues of our time.

November 25, 1851 – North America’s first YMCA opens in Montréal. The Y has stayed true to its 1851 mission when it first began offering night classes to workers so they could build their “mind, body, and spirit.”

1870 – Night school classes are offered to everyone, including women and immigrants.

1890 – Ahead of its time, the Y begins to offer sports and physical activity as core components.

1926 – The Y’s night school leads to the foundation of Sir George Williams College (now Concordia University).

1931 – Opening of the residence on Drummond Street to welcome the growing number of young men arriving in the city seeking employment and educational opportunities during the Depression.

1960-1970 – The Y turns its focus to prevention and social intervention. Its staff pioneer frontline work by reaching out to young people struggling with addiction.

1960-1970 – The Y offers its services to all Quebecers, regardless of religion or language, to better meet the needs of the communities where it works. Previously, the YMCA only served English-speaking protestant men.

1965 – Learning French becomes easier for immigrants with the opening of the accredited YMCA International Language School, which teaches nine languages.

1969 – The Y launches host projects to integrate a burgeoning immigrant population.

1970-1980 – To support working families and champion new ideas in child development, the Y opens daycares as well as preschool and after-school programs.

1980-1990 – Responding to rising unemployment, the Y creates youth centres and employment services. Community development expands to include justice initiatives, minority rights, and urban development. The number of partnerships continues to grow.

1984 – The YMCA Residence begins to welcome refugee claimants. The YMCAs of Québec Foundation is also set up to ensure the Y’s future thanks to the generosity of donors.

1999 – YMCA Alternative Suspension sharpens the Y’s focus on kids, youth and school success. It becomes a national program.

2018 – Launch of the YMCA PlusOne Mentoring program, pairing caring and positive adult role models with 10-to-17-year-olds who are experiencing challenges in their daily lives.

2019 – Beginning of the Y’s organizational transformation process, with a greater focus on community programs and a recentred fitness programming.



2019 – Official opening of the YMCA Saint-Roch thanks to a partnership with the City of Québec and the generous donors who helped equip the centre.

2020 – The COVID-19 pandemic hits and the Y springs into action with virtual programs, online support, emergency services, and more.

2021 – Launch of the YMCA Alternative Suspension Social Impact Bond, an innovative initiative aimed at funding the expansion of the program to 11 new service sites.

2022 – The West Island YMCA becomes a Y Space thanks to a partnership with the City of Pointe-Claire. It offers sports and fitness activities as well as community and youth programs to area residents.



A Journey Focused **on the Long-Term**

As part of our transformation, which aims to ensure our social impact for the long-term, we are reworking our business model, focusing on financial and operational agility. We are working hard on maximizing revenues from key sectors such as the YMCA International Language School and camps. We are adapting our health, fitness and aquatic programs to better meet the needs and changing behaviours of members. We are also looking to develop key partnerships for our centres, such as the one between the Saint-Roch YMCA and the City of Québec.

In 2022, we refined our financial strategy launching an investment fund that would generate income to support our mission and operations for years to come. This strategic fund is financed by the sale of certain assets that are no longer financially viable and will complement our partnerships, philanthropic activities, and the diversification of independent revenue sources.



The Saint-Roch YMCA: **The Newest Kid on the Block**

Opened just over two years ago, the Saint-Roch YMCA has already carved out a special place in the community. The youngest member of the YMCAs of Québec family, the centre is home to a wide range of health, fitness, and aquatic activities, youth and community programs, a community kitchen, and a virtual language school.

In 2022, the Saint-Roch Y:

- Reached the **1,350-member** mark for its sports and fitness programs
- Launched the **Cheminée de Nuit** project, providing new emergency shelter services to **450 unhoused individuals**
- Launched **virtual language course** through the YMCA International Language School, offering a choice of 9 languages
- Offered **165 people** from marginalized groups day work opportunities totalling **1,020 paid hours**

The Y Foundation **Incredible Support from the Local Community!**

On November 10, 2022, the Y Foundation held its first fundraising event in Québec City: "**Un univers à aimer**," presided by Stéphane Breton of the Caisse Desjardins de Québec and presented by Mallette. Thanks to a committed team of volunteers, we raised an incredible **\$135,000**, surpassing our fundraising goal. This will allow the centre to consolidate its work in food security through its community kitchen and provide activities and programs to a greater number of youth in its TeenZone.

Mallette, one of the Foundation's corporate volunteer partners, also organized a winter clothing drive for the **Nuits des Sans-Abris**, collecting **6.32 m³ of clothing** to help over 150 people weather the winter cold.

A **school supply drive for the Pathways to Education program** was organized by another one of our corporate volunteer partners, the **Caisse Desjardins de Québec**, collecting supplies to help **over 100 students** this school year.



Thank you to our partners

Desjardins Caisse de Québec · Desjardins Financial Security · Événements Camarade · Laurie Gagnon · Fondation Maurice-Tanguay · Korem · La Galerie du Meuble · Le QG & Le District Gourmet · Mallette · Sciage Forage Québec et Pompage provincial

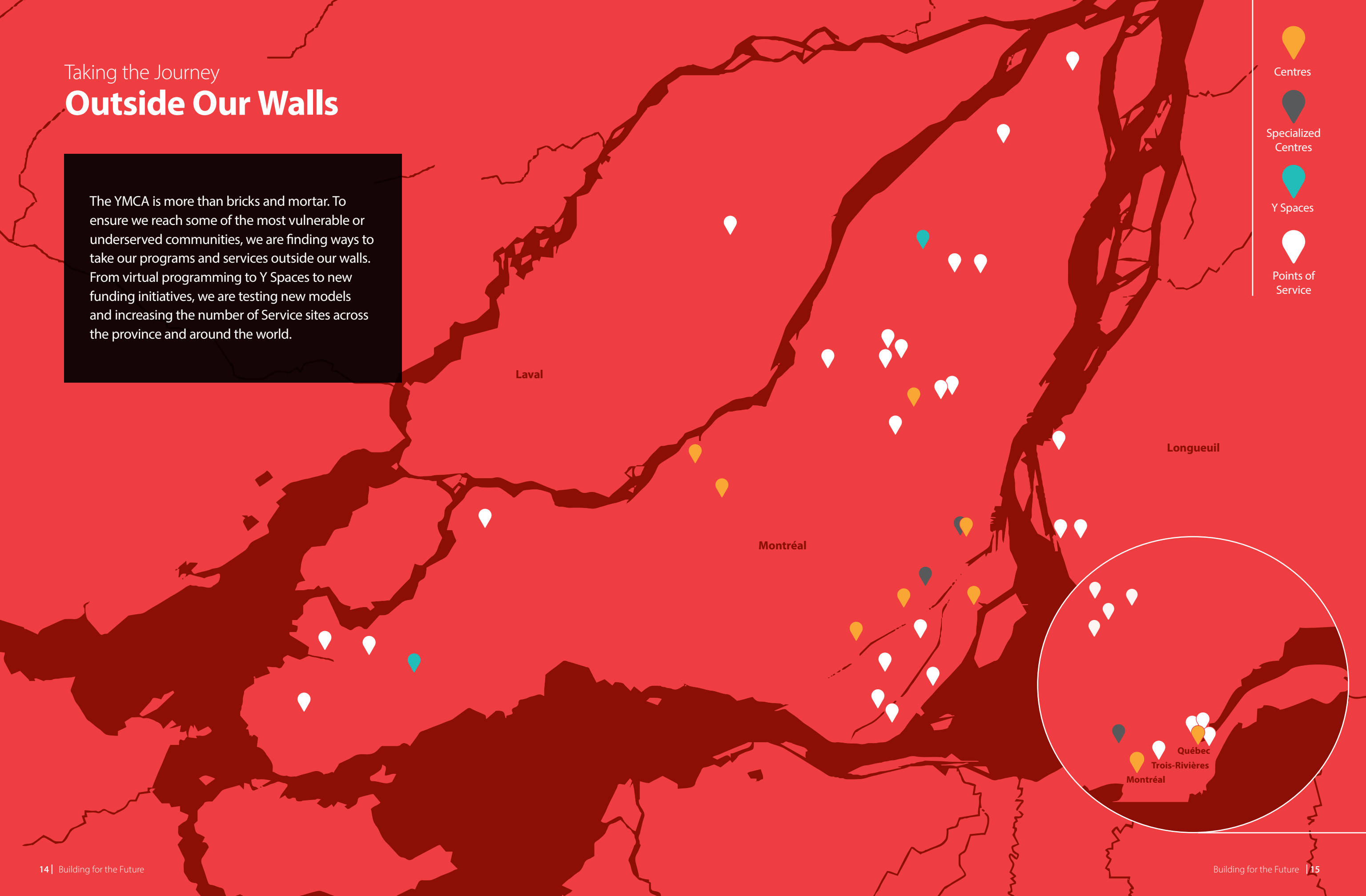


Taking the Journey

Outside Our Walls

The YMCA is more than bricks and mortar. To ensure we reach some of the most vulnerable or underserved communities, we are finding ways to take our programs and services outside our walls. From virtual programming to Y Spaces to new funding initiatives, we are testing new models and increasing the number of Service sites across the province and around the world.

- Centres
- Specialized Centres
- Y Spaces
- Points of Service





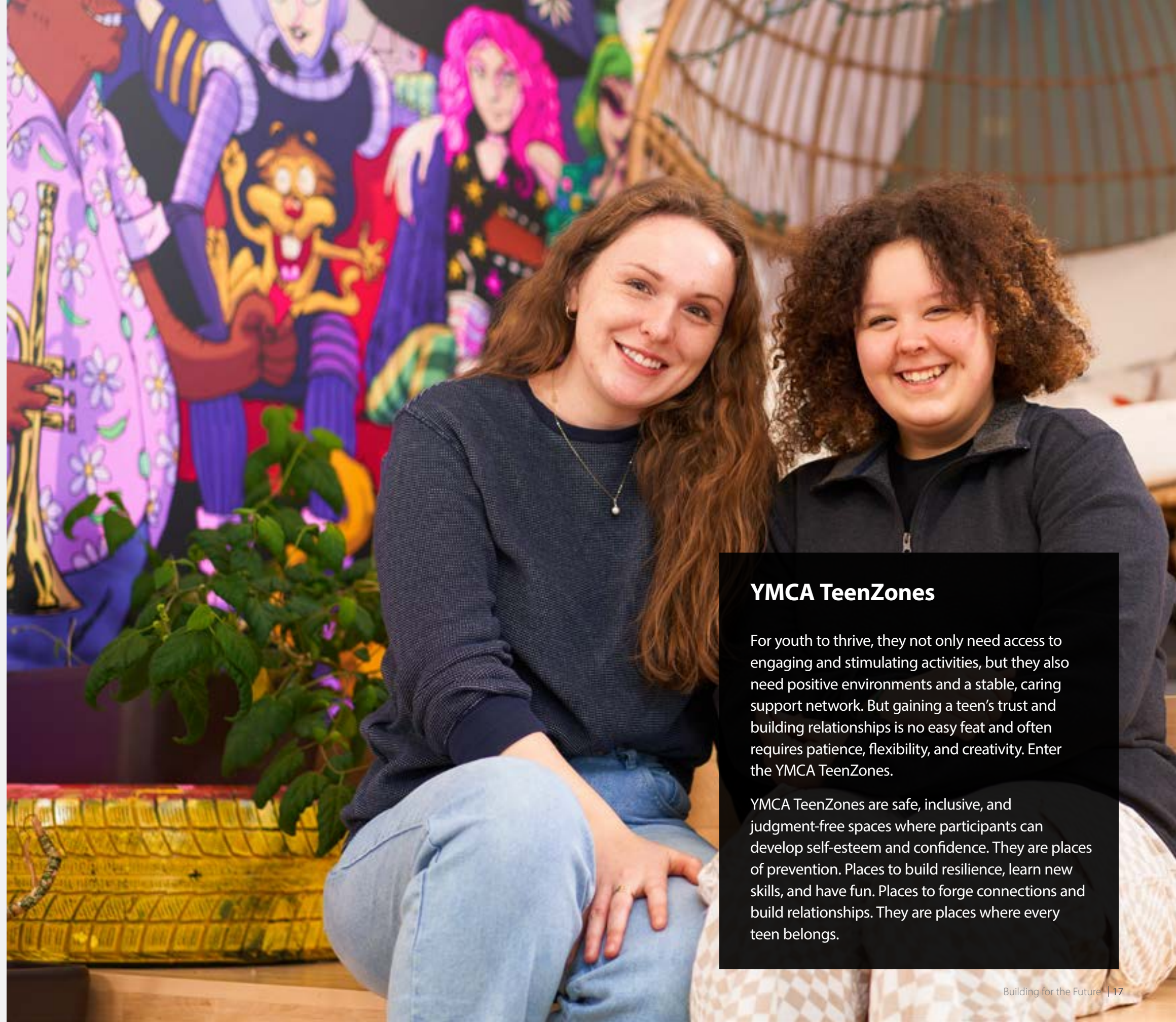
Sarah-Jeanne and Karolyn's Story

Outgoing and bubbly, Sarah-Jeanne is one of the Saint-Roch TeenZone's first participants. For this Québec City youth, the YMCA TeenZone is a cool place to hang out with her friends and participate in a wide range of fun activities.

As she loves to draw, the artistic workshops are really her favourite. But as youth worker Karolyn explains, TeenZones offer so much more than just activities.

Sure, at the TeenZone, teens can do arts and crafts, play games and sports, go on a variety of group outings in the neighbourhood, or just chill with friends, but really the TeenZone is a place to connect. Connect with other teens whose reality may or may not resemble their own. And connect with the youth workers, who, with time, become significant figures in the teen's life—someone they can talk to about anything, from failing a math test to problems at home. Because bad days are inevitable, but friends and a good support network make them much more bearable.

 **DISCOVER THEIR STORY:**
ymcaquebec.org



YMCA TeenZones

For youth to thrive, they not only need access to engaging and stimulating activities, but they also need positive environments and a stable, caring support network. But gaining a teen's trust and building relationships is no easy feat and often requires patience, flexibility, and creativity. Enter the YMCA TeenZones.

YMCA TeenZones are safe, inclusive, and judgment-free spaces where participants can develop self-esteem and confidence. They are places of prevention. Places to build resilience, learn new skills, and have fun. Places to forge connections and build relationships. They are places where every teen belongs.



Paola's Story

Born in the Philippines, Paola grew up in Toronto after her parents decided to move to Canada in the hopes of offering both Paola and her sister greater opportunities. A nurse by trade, Paola and her French husband decided to settle in Montréal because they liked the mix of French and English.

Wanting to find a job in a hospital, she is learning French at the YMCA International Language School, in an environment she describes as welcoming, friendly, and multicultural.

She particularly appreciates her teacher who is passionate and knows exactly how to motivate the students.

Case in point, Paola told us her story entirely in the language of Molière! Bravo!

 **DISCOVER HER STORY:**
ymcaquebec.org



“This is a safe space where it’s okay to make mistakes.”

Paola, student

YMCA International Language School

Founded in 1965, the YMCA International Language School focused on teaching French to new immigrants so they could more easily integrate Quebec society and find work. Today, the school teaches nine languages, offering both in-person and online courses for youth and adults, and is recognized for its effective pedagogical approach. Its dedicated teaching staff is attentive to students’ needs and makes learning a language both stimulating and fun.

2022

in Numbers

Thanks to your generosity and support, 75,000 people enjoyed and used our programs and services, even if we were not yet fully reopened.

Youth success

25,000 young people

participated in our community programs.

A new record!

50,000 visits

to our TeenZones, that's twice as many than in 2019, before the pandemic!

6,700 young people

welcomed in our in-person and virtual community programs.

+18,000 teens

reached in over 20 high schools through the YMCA Toxic program.

3,000 interventions

done with youth in situations of vulnerability.

1,900 kids and teens

worked on improving their grades in our school support and academic perseverance programs.

Active and healthy communities

21,600 people

+11,000

active members.

575,476 visits

in our centres, twice as many as in 2021!

Close to

2,000 kids, teens, and adults

took swimming lessons.

+650 participants

now have the training to react to emergency situations thanks to our First Aid, CPR, and Lifesaving courses.

+2,000

older adults

participated in our recreational activities.

Social integration and prevention of exclusion

+24,600 people

15,000 asylum seekers

welcomed at our Residence.

3,400 students

enrolled in close to 4,000 courses offered in 9 languages.

26,000 interventions

with people experiencing homelessness.

Close to 10,000

intervention hours done

with adults with criminal records.

200 people

with a disability or neurodevelopmental disorder participated in our activities.

Thriving families

1,500 families

1,747 kids and teens

participated in our day camps over the summer.

655 kids and teens

had a memorable summer at Camp YMCA Kanawana.

50 kids

with different needs and abilities attended day camp thanks to the Companion program.

800 families

received food assistance.

632 parent-child relationships

maintained through the Supervised Access Rights program.

Financial assistance
+\$480,000



Close to 2,500 people

received financial assistance to participate in our activities and programs.

Close to 300 campers, including Ukrainian refugees,

had a memorable summer in our day camps and at Camp YMCA Kanawana!

The Y Foundation

An Action- and Generosity- Packed Year!

YMCA CHALLENGE

The 2022 edition of the popular **YMCA Challenge** was back in **hybrid format** for the second year. Participants were asked to set three goals for themselves, focusing on physical, mental, and collective health. Closing festivities were held in both Montréal and Québec City with activities and fun for the whole family.

Over 750 donors rallied around the cause, raising **\$67,000** to provide financial assistance to over 380 families and kids, offering them the opportunity to fully participate in YMCA programs and activities.

Thank you to our partners Cogeco and KPMG for their support.

Ready, set,

GOAAAAAL!

Thanks to a **special Aquatic Safety Fund of \$50,000 created by Geneviève Marcon**, a local business person and long-time volunteer, hundreds of kids and teens learned to swim for free or completed the national lifeguard training at the new Saint-Roch YMCA.

Again this year, the family and friends of Sam Lazarus, who passed away in 2004, came together to raise funds to give more kids and teens the opportunity to experience the magic of Camp YMCA Kanawana. **Since 2004, over \$455,000 has been raised for this essential endowment fund.**

As part of **BMO's #FanFini GearUp** Program, 6,000 pieces of repurposed soccer equipment were distributed to 2,500 families by YMCA staff in several neighbourhoods.

YMCA PEACE MEDALS

On October 18, we celebrated the incredible individuals and groups who work tirelessly to build a more peaceful, inclusive, and diverse world at our annual YMCA Peace Medal fundraiser. Thanks to your generosity, we raised **\$282,000 for our youth programs**, offering young people the support they need to succeed in school and in life.

Our 2022 Laureates

Honorary Laureate: Jean-Guy Desjardins

Youth Peacemaker: Shina Novalinga

Corporate Initiative for Peace: Groupe 3737

Organization for Peace: Shelter Movers

Individual for Peace: André Michel

Coup de Cœur: Mothers Step In

Thank you to our partners

Azrieli Foundation

BLG

BMO Bank of Montreal

BMO Financial Group

CN

Cogeco

Cogir Real Estate

Fasken

Fiera Capital

Ivanhoé Cambridge

Metro



Springboard for Life: An Outpouring of Generosity for Youth

In 2022, we reached the \$17-million mark in the Foundation's major fundraising campaign, which represents **85% of our \$20-million goal**.

To date, over 10,000 individuals, companies, and foundations have chosen to invest in the Y's impact and future to support:

- Academic Success
- TeenZones
- Financial Assistance
- Equipping the new Saint-Roch YMCA
- Physical Literacy to get kids moving

Under the leadership of co-presidents Richard Payette (corporate director) and Geneviève Marcon (GM Développement), and intermediate gift leaders Jean-François Hanczakowski (National Bank) and Caroline Paquet (Cogeco Media), we are continuing our hard work to reach our \$20-million goal with the launch of the public phase in 2023.

The YMCA Alternative Suspension **Social Impact Bond**

Investing in the Generation of Tomorrow

The YMCA Alternative Suspension Social Impact Bond (SIB) is an **outcome-based financing agreement that aims to reduce the school dropout rate** across Canada. This innovative funding approach, an initiative developed by Public Safety Canada and Impact Canada, relies on private investors to fund the **expansion of the Alternative Suspension program to 11 new service sites, including four new sites in Québec**. These investors, in turn, receive up to a 15% return on their investment from the Government of Canada based on the following metrics:

- Participants' change in behaviour
- Program completion rates

In the first year:

- Investors received a 9.7% return on their investment
- Program participants showed an average 24% decrease in negative behaviour after returning to school

Led by the YMCAs of Québec, this is the first social finance project among all the YMCAs in Canada and involves numerous associations throughout the country.

Thank you to some of our key investors including the Toronto Foundation, Inspirit Foundation, the Chawkers Foundation, Robert Kerr Foundation (Northwood Family Office), the Counselling Foundation of Canada, and Willow and Grace Foundation. Thank you to Scotiabank, who, thanks to a major donation through its ScotiaRISE™ initiative, catalyzed the YMCAs of Québec Foundation's ability to invest in the YMCA Alternative Suspension SIB. These generous contributions mean hundreds of young people across Canada will have the opportunity to participate in the program and get back on the path of academic success.



“Dropping out of school is often precipitated by a negative event in a teen’s life that is hard to manage, such as a suspension from school. The YMCA Alternative Suspension program transforms a situation that interrupts academic progress into something positive.”

Véronique Dupéré is full professor in the Psychoeducation Department at the University of Montréal, and, since 2021 has been on the Social Impact Bond committee.

What Is YMCA Alternative Suspension?

Launched in 1999 by the YMCAs of Québec, the YMCA Alternative Suspension program supports **high school students who have been dismissed from school through a three- to five-day offsite program**. Students receive help with schoolwork, and participate in group workshops and one-on-one counselling, building autonomy and self-esteem throughout. With a **proven track record** of success, the program helps reduce risk factors for delinquency by supporting students in a successful return to school, decreasing repeated suspensions, and improving educational and social outcomes.

In 2022:

- **3,899 students participated in the program**
- **57 points of service** throughout Canada, Australia, the U.K., Ireland, and France
- **+48 school boards and 650 schools and partners** actively engaged in the program



Thank You

**to Our Employees,
Volunteers,
Members,
Donors and Partners**

The past few years showed us that it really does take a village.

A village of committed and caring employees who worked tirelessly in difficult conditions to support our members, participants, and the community and offer them a place where everyone is welcome.

A village of dedicated volunteers who gave their time and energy to help us bring our mission and impact to life.

A village of members and partners who stayed committed to the YMCA and placed their trust in us.

A village of donors who generously supported our programs, activities, services, and mission so we can all continue to make a real difference in our communities.

We are so grateful that we could count on you when we needed you, and we are so proud that you are a part of our big YMCA family!

We thank these individuals, foundations, and companies for their major contributions.

- | | | |
|---|---|--|
| Arbor Day Foundation | Événements Camarade - Laurie Gagnon | Peter and Elizabeth Coughlin |
| Azrieli Foundation | Fasken | Power Corporation of Canada |
| Beneva | Fédération des caisses Desjardins du Québec | Psyman |
| Blakes | Fiera Capital | Quebecor |
| BLG | Fondation 104 | RBC Foundation |
| BMO Bank of Montreal | Foundation of Greater Montréal | Sciage Forage Québec et Pompage Provincial |
| BMO Financial Group | Frontenac Foundation | Scotiabank |
| Brian Bronfman Family Foundation | GDI Integrated Facility Services | Second Harvest |
| CAE | Guy Architects | Stikeman Elliott |
| Caisse Desjardins de Mercier Est-Anjou | iA Financial Group | TACT |
| Caisse Desjardins de Québec | Ivanhoé Cambridge | The Port of Montreal |
| Caisse Desjardins du Centre-est de Montréal | Jean Campeau and Geneviève Marcon | Ubisoft |
| Canadian Tire Jumpstart Charities | Korem | Stéphane Vaillancourt |
| CDPQ | KPMG | YMCA of the USA |
| Céline and Jacques Lamarre Foundation | La Galerie du Meuble | |
| CN | Le QG & Le District Gourmet | |
| Cogeco | Levio Business Technology | |
| Cogir Real Estate | Louise Beauregard and Richard Payette | |
| Cromwell | The Lucie and André Chagnon Foundation | |
| David Paltiel | Mallette | |
| Davies | Manulife | |
| Desjardins Financial Security | Metro | |
| Desjardins Foundation - On the Road | | |
| Enterprise | The Molson Foundation | |
| Estate of Alfred Fred Muth | National Bank of Canada | |
| | Œuvres Marie-Anne-Lavallée | |

Statement of operations

For the year ended December 31, 2022

	2022	2021
REVENUE	57,467,705	42,016,784
EXPENSES	57,196,021	42,386,064
EXCESS (DEFICIENCY) OF REVENUE OVER EXPENSES BEFORE AMORTIZATION, INTEREST AND FINANCING COSTS	271,684	(369,280)
AMORTIZATION, INTEREST AND FINANCING COSTS	(1,269,916)	(1,790,566)
(DEFICIENCY) EXCESS OF REVENUE OVER EXPENSES BEFORE EXTRAORDINARY ITEMS	(998,232)	(2,159,846)
DISPOSAL AND WRITE-OFF OF CAPITAL ASSETS	0	7,676,538
(DEFICIENCY) EXCESS OF REVENUE OVER EXPENSES	(998,232)	5,516,692

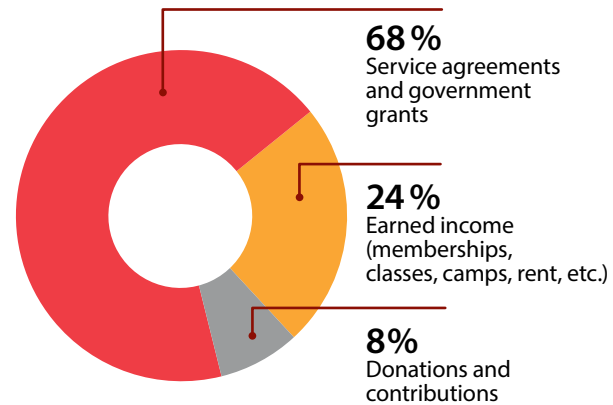
Statement of financial position

As at December 31, 2022

	2022	2021
TOTAL ASSETS	63,503,495	65,449,971
TOTAL LIABILITIES	29,965,403	30,913,647
NET ASSETS	33,538,092	34,536,324
TOTAL LIABILITIES AND NET ASSETS	63,503,495	65,449,971

The YMCAs of Québec

2022 Revenue



The financial statements audited by Deloitte LLP are available at ymcaquebec.org



Volunteer Leadership 2022

To inspire each person to become the best version of themselves and actively contribute to their community, we work hard every day to offer a rich and dynamic organizational environment. Our boards of directors and committees are made up of committed volunteers who donate countless hours to giving back to their community, and our local advisory boards present an opportunity for members and local organizations to offer their perspective on local/community needs and contribute to our decision-making processes.

The YMCAs of Québec Board of Directors

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(Cogeco)

François Tremblay
First Vice-Chair
(National Film Board of Canada)

Diane Nyisztor
Second Vice-Chair
(Retired - Cogeco)

Jean-François Lacroix
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Mélissa Azuelos
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Denis Blackburn
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Mikhaïl Bourezg
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Dicki Chhoyang
(McGill University)

Cadleen Désir
(Déclic)

Josée Dubuc
(Balcan Plastics Inc.)

Anne Duprat
(KDC/One)

Harold Fortin
(SNC-Lavalin Inc.)

Andrée Mayer-Périard
(Réseau Réussite Montréal)

External Committee Members

Lise Brisebois
Marc Deschâtelets
Waguih Rabbat

Honorary Members

Nicole Brennan
(2009)

Feu Marcel Côté
(2010)

Michael Novak
(2012)

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Un univers à aimer

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Statement of operations

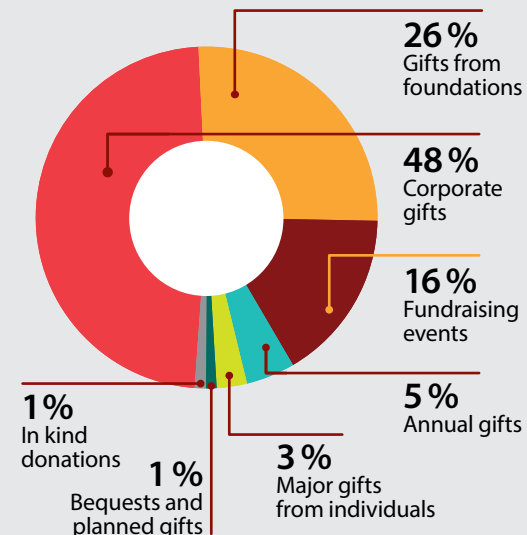
For the year ended December 31, 2022

	2022	2021
REVENUE		
Donations and contributions	2,881,796	2,469,28
Investment (loss) income	(140,134)	550,506
Canada Emergency Wage Subsidy	11,425	103,533
	2,753,087	3,123,767
EXPENSES	996,304	625,117
EXCESS OF REVENUE OVER EXPENSES BEFORE CONTRIBUTIONS TO THE YMCAS OF QUÉBEC	1,756,783	2,498,650
CONTRIBUTIONS TO THE YMCAS OF QUÉBEC	(2,266,646)	(2,240,817)
(DEFICIENCY) EXCESS OF REVENUE OVER EXPENSES	(509,863)	257,833

The financial statements audited by Deloitte LLP will be available in June 2023 at ymcaquebec.org

YMCAs of Québec Foundation

2022 Donation Sources





The YMCA of Québec
YMCAs of Québec
Foundation



ymcaquebec.org

For more information
or to make a donation:

fondation@ymcaquebec.org
514 849-5331, ext. 1249

